



संघीय निकाय
Ministry of Health & Family Welfare
Government of India



Help us to
help you



COVID-19 VACCINATION

WHILE WE WAIT....

*Information for population
below 50 years of age*

FACTS ABOUT COVID-19 AND COVID-19 VACCINE

Coronavirus disease or COVID-19 is an infectious disease caused by a virus named SARS-CoV-2.

COMMON SYMPTOMS ARE:



Fever



Dry cough



Shortness of breath or difficulty in breathing



Tiredness

HOW IS COVID-19 TRANSMITTED?



COVID-19 is spread through droplets and aerosols emitted from the nose or mouth, particularly when a person with COVID-19 speaks, coughs, sneezes or spits



It can also be contracted by touching one's eyes, nose or mouth after contact with contaminated surfaces and objects

COVID APPROPRIATE BEHAVIOURS (CAB) FOR PREVENTION

The best way to prevent COVID-19 infection is to avoid exposure to the virus

THE BASIC PREVENTIVE PUBLIC HEALTH MEASURES INCLUDE THE FOLLOWING CAB:



Maintain a physical distance of at least 6 feet (2 gaj ki doori) when in a public place



Using your mask properly to cover nose, mouth and chin at all times when you are outside



Do not touch your eyes, nose and mouth unless your hands are sanitised



Wash hands frequently and thoroughly with soap and water or use sanitiser



Cover your mouth while sneezing and coughing and avoid spitting in the open



Prompt testing on observing symptoms



Isolation on observing symptoms

COVID-19 VACCINE



A safe and effective vaccine is being made available for protection against COVID-19.

It will be available for beneficiaries registered on the Co-WIN portal starting with health care workers, frontline workers and prioritised population.

Two doses of vaccine, 3 to 4 weeks apart, need to be taken by an individual to complete the vaccination schedule.



PRIORITISATION OF POPULATION FOR COVID-19 VACCINE



Considering the limited availability of the vaccine initially, persons who are at maximum risk of getting infected with COVID-19 and population having risk of high mortality will be vaccinated first.

THE CRITERIA FOR SELECTION OF THESE BENEFICIARIES ARE



Those at the greatest risk of exposure to infection and age group having high COVID related death.



Those when vaccinated would minimize the spread of the virus.

PRIORITISED GROUPS FOR PHASE 1



Health care workers



Frontline workers



Population above age of 50 years



Population with associated comorbidities such as hypertension diabetes/HIV /cancer/cardiovascular disease/chronic disease etc.

WHEN WILL POPULATION BELOW 50 YEARS OF AGE AND NOT HAVING ANY CO-MORBIDITY, BE ELIGIBLE FOR COVID-19 VACCINATION?

COVID-19 Vaccine roll-out will take place in phased manner based on vaccine availability.



PHASE 1
Specific priority groups to be covered.



PHASE 2
Guidance on the next category to be prioritised for vaccination will be announced by National Expert Group on Vaccine Administration for COVID-19 (NEGVAC).

Information on the Phase 2 roll-out, registration process and details about where and when of the vaccination sessions will be provided closer to the implementation period.

KEY MESSAGES WHILE WAITING FOR PHASE 2

- ⦿ Do not be anxious about the availability of the vaccine, wait for your turn.
- ⦿ Do not be misled by the fake vaccine marketing/promotions, as the COVID-19 vaccine is not available in the open markets yet.
- ⦿ Make sure that you follow COVID Appropriate Behaviors at all times, even after vaccination.
- ⦿ Attend community meetings on COVID-19 vaccination process organised in your locality while maintaining social distancing.
- ⦿ You may volunteer to support implementation of Phase 1 vaccination sessions in your areas
- ⦿ If feeling unwell, get tested for COVID-19 at a nearest facility; doctor's prescription is not required. If tested positive, self-isolate immediately and seek medical support.
- ⦿ If you have any questions/doubts Call 24x7 National Helpline No.1075; +91- 11-23978046.

KEY MESSAGES ABOUT COVID-19 VACCINE

- ⦿ COVID-19 Vaccine is safe and effective and will be available in phased manner.
- ⦿ COVID-19 Vaccine along with CAB are effective to protect individuals from COVID-19 infection.
- ⦿ COVID Appropriate Behaviors are to be strictly followed at all time, even after vaccination.
- ⦿ Pre-registration is a must for the eligible beneficiaries.
- ⦿ Vaccine will not be given to the individuals who are not registered.
- ⦿ Registration process will be guided by the mobilisers/volunteers as and when available.
- ⦿ If you are unwell when at the time of your second dose of vaccine appointment, it is better to wait until you have recovered. You should try to get the second dose as soon as possible after recovery.
- ⦿ You should not attend a vaccination appointment if you are self-isolating, or waiting for a COVID-19 test or unsure if you are not well.
- ⦿ Complete schedule of vaccination will reduce chances of a person becoming seriously ill.

FOR MORE INFORMATION

Call 24x7 National Helpline No. 1075 (Toll Free) www.mohfw.gov.in, www.cowin.gov.in



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